

SECURITIES AND EXCHANGE COMMISSION

FORM 485BPOS

Post-effective amendments [Rule 485(b)]

Filing Date: 2008-08-29

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FILER

Genworth Life & Annuity VA Separate Account 1

CIK: **822616** | IRS No.: **540283385** | State of Incorporation: **VA** | Fiscal Year End: **1231**
Type: **485BPOS** | Act: **33** | File No.: **333-31172** | Film No.: **081047752**

Mailing Address
6610 WEST BROAD STREET
RICHMOND VA 23230

Business Address
6610 WEST BROAD STREET
RICHMOND VA 23230
804-281-6000

Genworth Life & Annuity VA Separate Account 1

CIK: **822616** | IRS No.: **540283385** | State of Incorporation: **VA** | Fiscal Year End: **1231**
Type: **485BPOS** | Act: **40** | File No.: **811-05343** | Film No.: **081047753**

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804-281-6000

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM N-4

<TABLE>		<C>
<S>	Registration Statement Under The Securities Act of 1933	[X]
	Pre-Effective Amendment No.	[_]
	Post-Effective Amendment No. 36	[X]
	and/or	
	Registration Statement Under the Investment Company Act of 1940	[X]
	Amendment No. 238	[X]
	(Check Appropriate Box or Boxes)	

</TABLE>

Genworth Life & Annuity VA Separate Account 1
(Exact Name of Registrant)

Genworth Life and Annuity Insurance Company
(Name of Depositor)

6610 West Broad Street Richmond, Virginia 23230
(Address of Depositor's Principal Executive Office, Zip Code)

(804) 281-6000
(Depositor's Telephone Number, Including Area Code)

Heather Harker, Esq.
Vice President and Associate General Counsel
Genworth Life and Annuity Insurance Company
6610 West Broad Street
Richmond, Virginia 23230
(Name and Complete Address of Agent for Service)

Approximate Date of Proposed Public Offering: Upon the effective date of this Post-Effective Amendment to the Registration Statement.

It is proposed that this filing will become effective (check appropriate box)

[X] immediately upon filing pursuant to paragraph (b) of Rule 485

[_] on [date] pursuant to paragraph (b) of Rule 485

[_] 60 days after filing pursuant to paragraph (a) (1) of Rule 485

[_] on [date] pursuant to paragraph (a) (1) of Rule 485

If appropriate check the following box:

[_] This post-effective amendment designates a new effective date for a previously filed post-effective amendment.

Title of Securities Being Registered: Flexible Premium Variable Deferred Annuity Contracts

SUPPLEMENT DATED SEPTEMBER 8, 2008 TO

PROSPECTUS DATED MAY 1, 2008 FOR

ISSUED BY

GENWORTH LIFE AND ANNUITY INSURANCE COMPANY

THROUGH ITS

GENWORTH LIFE & ANNUITY VA SEPARATE ACCOUNT 1

This supplement updates certain information contained in your prospectus. Please read it and keep it with your prospectus for future reference.

A. Asset Allocation Program -- Update to the Asset Allocation Models

The "Asset Allocation Program" section of the contract prospectus is revised to reflect that new Asset Allocation Models are available and effective on September 8, 2008. If you purchased your contract prior to September 8, 2008, and you are participating in a Model, you will remain in that Model as it was previously constituted until the earlier of October 24, 2008, or the Valuation Day we receive instructions from you to participate in the updated Model. On that date, we will reallocate your Contract Value in accordance with any changes to the Model you have selected. The new Asset Allocation Models, including the Build Your Own Asset Allocation Model, are provided in the tables below. The prospectus is revised accordingly.

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MODEL PERCENTAGE ALLOCATIONS AND PORTFOLIO SELECTIONS

<TABLE>
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Portfolios		Model A	Model B	Model C
Equities				
<C>	<S>	<C>	<C>	<C>
Large Cap Growth	Fidelity VIP Contrafund(R) Portfolio -- Service Class 2	2%	4%	5%
	JPMorgan Insurance Trust Intrepid Growth Portfolio -- Class 1	2%	4%	5%
Large Cap Value	AllianceBernstein Growth and Income Portfolio -- Class B	2%	3%	5%
	Fidelity VIP Equity-Income Portfolio -- Service Class 2	1%	3%	4%
Large Cap Core	JPMorgan Insurance Trust Diversified Equity Portfolio -- Class 1	2%	3%	5%
	JPMorgan Insurance Trust Equity Index Portfolio -- Class 1	1%	3%	4%
Mid Cap Growth	JPMorgan Insurance Trust Diversified Mid Cap Growth Portfolio -- Class 1	1%	1%	2%
Mid Cap Core	JPMorgan Insurance Trust Intrepid Mid Cap Portfolio -- Class 1	1%	1%	2%
Small Cap Core	Openheimer Main Street Small Cap Fund/VA -- Service Shares	0%	1%	2%
Global Equity	Franklin Templeton VIP Templeton Growth Securities Fund -- Class 2 Shares	2%	4%	6%
Global REITs	AIM V.I. Global Real Estate Fund -- Series II shares	0%	1%	2%
Foreign Large Cap Growth	American Century VP International Fund -- Class I	3%	6%	9%
Foreign Large Cap Value	Franklin Templeton VIP Templeton Foreign Securities Fund -- Class 2 Shares	3%	6%	9%
Total % Equities		20%	40%	60%
Fixed Income				
Medium Duration	JPMorgan Insurance Trust Core Bond Portfolio -- Class 1	10%	7%	5%
	JPMorgan Insurance Trust Government Bond Portfolio -- Class 1	10%	8%	5%

Short Duration	PIMCO VIT Low Duration Portfolio -- Administrative Class Shares	32%	24%	16%
TIPS	American Century VP Inflation Protection Fund -- Class II	16%	12%	8%
Domestic High Yield	PIMCO VIT High Yield Portfolio -- Administrative Class Shares	4%	3%	2%
Bank Loans	Eaton Vance VT Floating-Rate Income Fund	4%	3%	2%
Global Bonds	MFS(R) VIT Strategic Income Series -- Service Class Shares	4%	3%	2%
Total % Fixed Income		80%	60%	40%

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Portfolios	Model D	Model E
	<C>	<C>
Fidelity VIP Contrafund(R) Portfolio -- Service Class 2	7%	9%
JPMorgan Insurance Trust Intrepid Growth Portfolio -- Class 1	7%	9%
AllianceBernstein Growth and Income Portfolio -- Class B	6%	8%
Fidelity VIP Equity-Income Portfolio -- Service Class 2	6%	7%
JPMorgan Insurance Trust Diversified Equity Portfolio -- Class 1	7%	8%
JPMorgan Insurance Trust Equity Index Portfolio -- Class 1	6%	7%
JPMorgan Insurance Trust Diversified Mid Cap Growth Portfolio -- Class 1	2%	3%
JPMorgan Insurance Trust Intrepid Mid Cap Portfolio -- Class 1	2%	3%
Oppenheimer Main Street Small Cap Fund/VA -- Service Shares	2%	3%
Franklin Templeton VIP Templeton Growth Securities Fund -- Class 2 Shares	8%	10%
AIM V.I. Global Real Estate Fund -- Series II shares	3%	3%
American Century VP International Fund -- Class I	12%	15%
Franklin Templeton VIP Templeton Foreign Securities Fund -- Class 2 Shares	12%	15%
	80%	100%
JPMorgan Insurance Trust Core Bond Portfolio -- Class 1	2%	0%
JPMorgan Insurance Trust Government Bond Portfolio -- Class 1	3%	0%
PIMCO VIT Low Duration Portfolio -- Administrative Class Shares	8%	0%
American Century VP Inflation Protection Fund -- Class II	4%	0%
PIMCO VIT High Yield Portfolio -- Administrative Class Shares	1%	0%
Eaton Vance VT Floating-Rate Income Fund	1%	0%
MFS(R) VIT Strategic Income Series -- Service Class Shares	1%	0%
	20%	0%

</TABLE>

<TABLE> <CAPTION> Core Asset Class (20% to 80%)	Specialty Asset Class (0% to 20%)	Fixed Income Asset Class (20% to 60%)
<S> AIM V.I. Large Cap Growth Fund -- Series I shares AllianceBernstein Balanced Wealth Strategy Portfolio -- Class B American Century VP Income & Growth Fund -- Class I American Century VP Value Fund -- Class I The Dreyfus Socially Responsible Growth Fund, Inc. -- Initial Shares DWS Dreman High Return Equity VIP -- Class B Shares Fidelity VIP Contrafund(R) Portfolio -- Service Class 2 Fidelity VIP Equity-Income Portfolio -- Service Class 2 Franklin Templeton VIP Founding Funds Allocation Fund -- Class 2 Shares Franklin Templeton VIP Franklin Income Securities Fund -- Class 2 Shares Franklin Templeton VIP Large Cap Growth Securities Fund -- Class 2 Shares Franklin Templeton VIP Mutual Shares Securities Fund -- Class 2 Shares Franklin Templeton VIP Templeton Foreign Securities Fund -- Class 2 Shares Franklin Templeton VIP Templeton Global Asset Allocation Fund -- Class 2 Shares Franklin Templeton VIP Templeton Growth Securities Fund -- Class 2 Shares GE Investments Funds Total Return Fund -- Class 3 Shares JPMorgan Insurance Trust Balanced Portfolio -- Class 1 JPMorgan Insurance Trust Diversified Equity Portfolio -- Class 1 JPMorgan Insurance Trust Equity Index Portfolio -- Class 1 JPMorgan Insurance Trust Intrepid Growth Portfolio -- Class 1 MFS(R) VIT Total Return Series -- Service Class Shares Oppenheimer Capital Appreciation Fund/VA -- Service Shares Oppenheimer Main Street Fund/VA -- Service Shares </TABLE>	<C> AIM V.I. Capital Appreciation Fund -- Series I shares AIM V.I. Global Real Estate Fund -- Series II shares AllianceBernstein Global Technology Portfolio -- Class B American Century VP Inflation Protection Fund -- Class II American Century VP International Fund -- Class I American Century VP Ultra(R) Fund -- Class I Dreyfus Investment Portfolios -- MidCap Stock Portfolio -- Initial Shares DWS Dreman Small Mid Cap Value VIP -- Class B Shares DWS Technology VIP -- Class B Shares Eaton Vance VT Floating-Rate Income Fund Fidelity VIP Mid Cap Portfolio -- Service Class 2 JPMorgan Insurance Trust Diversified Mid Cap Growth Portfolio -- Class 1 JPMorgan Insurance Trust Intrepid Mid Cap Portfolio -- Class 1 MFS(R) VIT Strategic Income Series -- Service Class Shares Oppenheimer Main Street Small Cap Fund/VA -- Service Shares PIMCO VIT High Yield Portfolio -- Administrative Class Shares	<C> JPMorgan Insurance Trust Core Bond Portfolio -- Class 1 JPMorgan Insurance Trust Government Bond Portfolio -- Class 1 PIMCO VIT Low Duration Portfolio -- Administrative Class Shares

B. Qualified Retirement Plans

The following disclosure is added as a new subsection in the "Tax Matters" provision of the prospectus under the heading "Qualified Retirement Plans." The disclosure is provided in connection with certain Code requirements applicable to IRAs and certain requirements applicable to Qualified Contracts covered by ERISA.

Disclosure Pursuant to Code and ERISA Requirements

The ongoing fees and expenses of the contracts and the charges you may pay when you surrender or take withdrawals from your contract, as well as the range of fees and expenses of the Portfolios that you will pay indirectly when your assets are allocated to the Portfolios, are discussed above in the "Fee Tables" provision of the prospectus. More detail concerning each Portfolio's fees and expenses is included in the prospectus for each Portfolio.

GFWM, the investment adviser under the Asset Allocation Program, is an affiliate of the Company. There is no direct fee for participation in the Asset Allocation Program, and GFWM receives no compensation for its asset allocation services. However, the Company may receive fees from the investment adviser or distributor of a Portfolio for certain administrative and other services we provide to you or to the Portfolio relating to the allocation of your assets to the Portfolio, and the amount of these fees may vary from Portfolio to Portfolio. Furthermore, the Company or our affiliate Capital Brokerage Corporation may receive Rule 12b-1 fees in varying amounts from the Portfolios or their distributors for distribution and related services. Additional information on the fees payable to the Company and Capital Brokerage Corporation by the Portfolios and their advisers and distributors, including the range of such fees, is included in the "Subaccounts" provision of the prospectus. Additional information regarding

the Asset Allocation Program and the potential conflicts of interest to which GFWM is subject is included in the "Asset Allocation Program" provision of the prospectus.

When you purchase a contract through a broker-dealer, the broker-dealer is paid a commission and may be paid a separate marketing allowance. The maximum aggregate amount of such compensation is 9.6% of a contract owner's aggregate purchase payments. The broker-dealer firm generally pays a portion of such commission to its representative who assisted you with the purchase, and that amount will vary depending on the broker-dealer and the individual representative. One broker-dealer offering the contracts, Genworth Financial Services Corporation, is an affiliate of the Company. The Company has no agreement with any broker-dealer and any representative of a broker-dealer that limits the insurance and investment products or other securities they offer to those issued by the Company.

By signing the application for the contract, you acknowledge receipt of these disclosures and approve the purchase of the contract, the Asset Allocation Program, and the investments made pursuant to the Asset Allocation Program.

4

Part A and Part B of Post-Effective Amendment No. 34 to the Registration Statement, which was filed with the Securities and Exchange Commission on April 25, 2008, are incorporated by reference into this Post-Effective Amendment No. 36 to the Registration Statement.

PART C

OTHER INFORMATION

Item 24. Financial Statements and Exhibits

(a) Financial Statements

All required financial statements are included in Part B of this Registration Statement.

(b) Exhibits

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|-------------|---|
| (1) (a) | Resolution of Board of Directors of The Life Insurance Company of Virginia authorizing the Establishment of Life of Virginia Separate Account 4. Previously filed on May 1, 1998 with Post-Effective Amendment No. 9 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334. |
| (1) (a) (i) | Resolution of the Board of Directors of GE Life & Annuity authorizing the change in name of Life of Virginia Separate Account 4 to GE Life & Annuity Separate Account 4. Previously filed on July 17, 1998 with Post-Effective Amendment No. 11 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334. |
| (1) (b) | Resolution of the Board of Directors of GE Life and Annuity Assurance Company authorizing the change in name of GE Life and Annuity Assurance Company to Genworth Life and Annuity Insurance Company. Previously filed on January 3, 2006 with Post-Effective Amendment No. 24 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172. |
| (1) (b) (i) | Resolution of the Board of Directors of GE Life and Annuity Assurance Company authorizing the change in name GE Life & Annuity Separate Account 4 to Genworth Life & Annuity VA Separate Account 1. Previously filed on January 3, 2006 with Post-Effective Amendment No. 24 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172. |
| (2) | Not Applicable. |
| (3) (a) | Underwriting Agreement between GE Life and Annuity Assurance Company and Capital Brokerage Corporation. Previously filed on December 12, 2001 with Pre-Effective Amendment No. 1 to Form S-1 for GE Life and Annuity Assurance Company, Registration No. 333-69786. |
| (b) | Dealer Sales Agreement. Previously filed on December 12, 2001 with Pre-Effective Amendment No. 1 to Form S-1 for GE Life and Annuity |

- (4) (a) Contract Form P1154 4/00. Previously filed on September 2, 2000 with Post-Effective Amendment No. 1 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (b) Endorsements to Contract.
- (b) (i) Terminal Illness Nursing Home Endorsement P5122 10/98. Previously filed on May 1, 1998 with Post-Effective Amendment No. 9 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334
- (b) (ii) IRA Endorsement P5090F 7/97. Previously filed on May 1, 1998 with Post-Effective Amendment No. 9 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334
- (b) (ii) (a) IRA Endorsement P5364 8/07. Previously filed on November 27, 2007 with Post-Effective Amendment No. 33 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.

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C-1

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- (b) (iii) Roth IRA P5100 6/99. Previously filed on May 1, 1998 with Post-Effective Amendment No. 9 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334
- (b) (iii) (a) Roth IRA Endorsement P5365 8/07. Previously filed on November 27, 2007 with Post-Effective Amendment No. 33 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (b) (iv) Optional Death Benefit Rider P5135 4/00. Previously filed on December 18, 1998 with Pre-Effective Amendment No. 1 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-62695.
- (b) (v) Optional Enhanced Death Benefit Rider P5140 8/00. Previously filed on September 1, 2000 with Post-Effective Amendment 1 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (b) (vi) Optional Death Benefit Rider P5152 12/00. Previously filed on February 27, 2001 with Post-Effective Amendment No. 3 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-62695.
- (b) (vii) Optional Enhanced Death Benefit Rider P5153 12/00. Previously filed on July 17, 1998 with Post-Effective Amendment No. 11 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334.
- (b) (viii) Monthly Income Benefit Endorsement P5154 12/00. Previously filed on February 27, 2001 with Post-Effective Amendment No. 3 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-62695.
- (b) (ix) Optional Enhanced Death Benefit Rider P5161 3/01. Previously filed on February 27, 2001 with Post-Effective Amendment No. 3 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-62695.
- (4) (b) (x) Death Provisions Endorsement P5221 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xi) Annual Step-Up Benefit Rider P5222 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xii) Rollup Death Benefit Rider P5223 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xiii) Greater of Annual Step-Up and Rollup Death Benefit Rider P5224 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xiv) Joint Owner Endorsement P5227 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xv) Annuity Cross Funded Endorsement P5228 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for

- (4) (b) (xvi) Earnings Protector Death Benefit Rider P5239 1/03. Previously filed on February 18, 2003 with Post-Effective Amendment No. 7 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.

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- (4) (b) (xvii) GE Life and Annuity Assurance Company Guarantee Account Rider. Previously filed on August 19, 2003 with Post-Effective Amendment No. 10 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xviii) Guaranteed Income Rider. Previously filed on December 3, 2003 with Post-Effective Amendment No. 13 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xviii) (a) Guaranteed Income Rider. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xix) Payment Protection Rider. Previously filed on February 23, 2004 with Post-Effective Amendment No. 11 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-47732.
- (4) (b) (xix) (a) Payment Protection with Commutation Immediate and Deferred Variable Annuity Rider. Previously filed on September 1, 2006 with Post Effective Amendment No. 28 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (4) (b) (xx) Guaranteed Minimum Withdrawal Benefit Rider. Previously filed on February 23, 2004 with Post-Effective Amendment No. 11 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-47732.
- (4) (b) (xxi) Guaranteed Income Rollover Rider. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (4) (b) (xxii) Guaranteed Minimum Withdrawal Benefit for Life Rider. Previously filed on July 26, 2005 with Post-Effective Amendment No. 22 to Form N-4 for GE Life & Annuity Separate Account, Registration No. 333-31172.
- (4) (b) (xxii) (a) Guaranteed Minimum Withdrawal Benefit for Life Rider. Previously filed on September 1, 2006 with Post Effective Amendment No. 28 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (4) (b) (xxii) (b) Guaranteed Minimum Withdrawal Benefit for Life Rider. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (4) (b) (xxii) (c) Guaranteed Minimum Withdrawal Benefit for Life Rider. Previously filed on November 27, 2007 with Post-Effective Amendment No. 33 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (4) (b) (xxii) (d) Guaranteed Minimum Withdrawal Benefit for Life Rider. Previously filed on June 27, 2008 with Post-Effective Amendment No. 32 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-47732.
- (5) (a) Form of Application. Previously filed on April 27, 2006 with Post-Effective Amendment No. 26 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (6) (a) Amended and Restated Articles of Incorporation of Genworth Life and Annuity Insurance Company. Previously filed on January 3, 2006 with Post-Effective Amendment No. 24 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (b) By-Laws of Genworth Life and Annuity Insurance Company. Previously filed on January 3, 2006 with Post-Effective Amendment No. 24 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (7) Reinsurance Agreement. Previously filed on April 30, 2004 with Post

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- (8) (a) (i) Amended and Restated Fund Participation Agreement among Variable Insurance Products Funds, Fidelity Distributors Corporation and Genworth Life and Annuity Insurance Company. Previously filed on April 25, 2008 with Post-Effective Amendment No. 34 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (a) (ii) First Amendment to Amended and Restated Fund Participation Agreement among Variable Insurance Products Funds, Fidelity Distributors Corporation and Genworth Life and Annuity Insurance Company. Previously filed on April 25, 2008 with Post-Effective Amendment No. 34 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (b) Agreement between Oppenheimer Variable Account Funds, Oppenheimer Management Corporation, and GE Life and Annuity Assurance Company. Previously filed on May 1, 1998 with Post-Effective Amendment 9 to Form N-4 for GE Life & Annuity Separate Account, Registration No. 033-76334.
- (b) (i) Amendment to Agreement between Oppenheimer Variable Account Funds, Oppenheimer Management Corporation, and The Life Insurance Company of Virginia. Previously filed on June 2, 2000 with Pre-Effective Amendment 1 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (c) [Reserved.]
- (d) Participation Agreement between Janus Capital Corporation and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (e) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Federated Insurance Series. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (f) [Reserved.]
- (g) Participation Agreement between GE Investments Funds, Inc. and Genworth Life and Annuity Insurance Company. Previously filed on September 1, 2006 with Post Effective Amendment No. 28 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (h) Participation Agreement between AIM Variable Insurance Series and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (h) (i) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and AIM Variable Insurance Funds. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (i) Participation Agreement between Alliance Variable Products Series Fund, Inc. and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (i) (i) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and AllianceBernstein Variable Products Series Fund, Inc. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (j) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Dreyfus. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life &

Annuity VA Separate Account 1, Registration No. 333-31172.

- (k) Participation Agreement between MFS(R) Variable Insurance Trust and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.

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- (k) (i) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and MFS Variable Insurance Trust. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (l) Participation Agreement between PIMCO Variable Insurance Trust and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (l) (i) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and PIMCO Variable Insurance Trust. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (m) Participation Agreement between Rydex Variable Trust and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (n) Amended and Restated Fund Participation Agreement between Franklin Templeton Variable Insurance Products Trust, Franklin/Templeton Distributors, Inc., Genworth Life and Annuity Insurance Company and Capital Brokerage Corporation. Previously filed on April 27, 2006 with Post-Effective Amendment No. 26 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (o) [Reserved.]
- (p) Participation Agreement between Nations Separate Account Trust and GE Life and Annuity Assurance Company. Previously filed as Exhibit (h) (32) with Post-Effective Amendment No. 6 to Form N-6 for GE Life & Annuity Separate Account II, Registration No. 333-72572.
- (q) Participation Agreement between FAM Variable Series Funds, Inc. (formerly, Merrill Lynch Variable Series Funds, Inc.) and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (q) (i) First Amendment to the Participation Agreement between BlackRock Variable Series Funds, Inc., BlackRock Distributors, Inc. and Genworth Life and Annuity Insurance Company. Previously filed on April 25, 2008 with Post-Effective Amendment No. 34 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (r) Participation Agreement between Eaton Vance Variable Trust and GE Life and Annuity Assurance Company. Previously filed as Exhibit (h) (31) with Post-Effective Amendment No. 6 to Form N-6 for GE Life & Annuity Separate Account II, Registration No. 333-72572.
- (r) (i) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Eaton Vance Variable Trust. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (s) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and The Prudential Series Fund. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (t) Participation Agreement between Van Kampen Life Investment Trust and Genworth Life and Annuity Insurance Company. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for

(u) [Reserved.]

(v) Fund Participation Agreement between Evergreen Variable Annuity Trust and GE Life and Annuity Assurance Company. Previously filed on November 1, 2004 with Post-Effective Amendment No. 18 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.

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C-5

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- (w) Participation Agreement among Scudder Variable Series II, Scudder Distributors, Inc., Deutsche Investment Management Americas Inc. and GE Life and Annuity Assurance Company. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (w) (i) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and DWS Variable Series II. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (x) Participation Agreement between American Century Investment Services, Inc. and GE Life and Annuity Assurance Company regarding American Century Variable Portfolios, Inc. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (y) Form of Participation Agreement between American Century Investment Services, Inc. and GE Life and Annuity Assurance Company regarding American Century Variable Portfolios II, Inc. Previously filed on April 27, 2005 with Post-Effective Amendment No. 21 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 333-31172.
- (z) Participation Agreement between JPMorgan Insurance Trust and Genworth Life and Annuity Insurance Company. Previously filed on September 1, 2006 with Post Effective Amendment No. 28 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (z) (i) Form of Fund Participation Agreement between Genworth Life and Annuity Insurance Company and JP Morgan Series Trust II. Previously filed with Post-Effective Amendment 28 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (z) (ii) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and JP Morgan Series Trust II. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (aa) Form of Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Goldman Sachs Variable Insurance Trust. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (aa) (i) Amendment to Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Goldman Sachs Variable Insurance Trust. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (bb) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Legg Mason Partners Variable Equity Trust. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (cc) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and Lord Abbett Series Fund, Inc. Previously filed on April 23, 2007 with Post-Effective Amendment No. 31 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (dd) Fund Participation Agreement between Genworth Life and Annuity Insurance Company and The Universal Institutional Funds, Inc.

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C-6

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- (9) Opinion and Consent of Heather C. Harker, Counsel for Genworth Life and Annuity Insurance Company. Previously filed on April 25, 2008 with Post-Effective Amendment No. 34 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (10) Consent of Independent Registered Public Accounting Firm. Previously filed on April 25, 2008 with Post-Effective Amendment No. 34 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (11) Not Applicable.
- (12) Not Applicable.
- (13) Schedule showing computation for Performance Data. Previously filed on April 30, 1996 with Post-Effective Amendment 4 to Form N-4 for GE Life & Annuity Separate Account 4, Registration No. 033-76334.
- (14) Power of Attorney. Previously filed on April 25, 2008 with Post-Effective Amendment No. 34 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.
- (15) Power of Attorney for Kelly L. Groh. Previously filed on August 26, 2008 with Post-Effective Amendment No. 35 to Form N-4 for Genworth Life & Annuity VA Separate Account 1, Registration No. 333-31172.

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Item 25. Directors and Officers of the Depositor

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Pamela S. Schutz	Chairperson of the Board, President and Chief Executive Officer
Paul A. Haley	Director, Senior Vice President and Chief Actuary
William C. Goings, II(4)	Director and Senior Vice President
Leon E. Roday(2)	Director and Senior Vice President
Geoffrey S. Stiff	Director and Senior Vice President
Victor C. Moses(2)	Director and Vice President
Brian J. Mason	Senior Vice President and Chief Compliance Officer
Thomas E. Duffy	Senior Vice President, General Counsel and Secretary
Kelly L. Groh	Senior Vice President and Chief Financial Officer
Mark W. Griffin(3)	Senior Vice President and Chief Investment Officer
Christopher J. Grady	Senior Vice President
James H. Reinhart	Senior Vice President
James D. Atkins	Senior Vice President
Patrick B. Kelleher	Senior Vice President
Thomas M. Stinson	Senior Vice President
John G. Apostle, II	Senior Vice President
Heather C. Harker	Vice President and Associate General Counsel
Jac J. Amerell	Vice President and Controller
Gary T. Prizzia(1)	Treasurer
Matthew P. Sharpe	Vice President

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The principal business address for those listed above is Genworth Life and Annuity Insurance Company, 6610 W. Broad Street, Richmond, VA 23230 unless otherwise noted.

- (1) The principal business address is Genworth Financial, Inc., 6604 W. Broad Street, Richmond, Virginia 23230.
- (2) The principal business address is Genworth Financial, Inc., 6620 W. Broad Street, Richmond, Virginia 23230.
- (3) The principal business address is Genworth Financial, Inc., 3001 Summer Street, Stamford, Connecticut 06905.

C-7

(4) The principal business address is Genworth Financial, Inc., 700 Main Street, Lynchburg, Virginia 24504.

Item 26. Persons Controlled by or Under Common Control With the Depositor or Registrant

[FLOW CHART]

Item 27. Number of Contractowners

There were 19,721 owners of Qualified Contracts and 21,930 owners of Non-Qualified Contracts as of August 15, 2008.

Item 28. Indemnification

Sections 13.1-876 and 13.1-881 of the Code of Virginia, in brief, allow a corporation to indemnify any person made party to a proceeding because such person is or was a director, officer, employee, or agent of the corporation, against liability incurred in the proceeding if: (1) he conducted himself in good faith; and (2) he believed that (a) in the case of conduct in his official capacity with the corporation, his conduct was in its best interests; and (b) in all other cases, his conduct was at least not opposed to the corporation's best interests and (3) in the case of any criminal proceeding, he had no reasonable cause to believe his conduct was unlawful. The termination of a proceeding by judgment, order, settlement or conviction is not, of itself, determinative that the director, officer, employee, or agent of the corporation did not meet the standard of conduct described. A corporation may not indemnify a director, officer, employee, or agent of the corporation in connection with a proceeding by or in the right of the corporation, in which such person was adjudged liable to the corporation, or in connection with any other proceeding charging improper personal benefit to such person, whether or not involving action in his official capacity, in which such person was adjudged liable on the basis that personal benefit was improperly received by him. Indemnification permitted under these sections of the Code of Virginia in connection with a proceeding by or in the right of the corporation is limited to reasonable expenses incurred in connection with the proceeding.

C-8

Genworth Life and Annuity Insurance Company's Articles of Incorporation provide that Genworth Life and Annuity Insurance Company shall, and may through insurance coverage, indemnify any directors or officers who are a party to any proceeding by reason of the fact that he or she was or is a director or officer of Genworth Life and Annuity Insurance Company against any liability incurred by him or her in connection with such proceeding, unless he or she engaged in willful misconduct or a knowing violation of the criminal law or any federal or state securities law. Such indemnification covers all judgments, settlements, penalties, fines and reasonable expenses incurred with respect to such proceeding. If the person involved is not a director or officer of Genworth Life and Annuity Insurance Company, the board of directors may cause Genworth Life and Annuity Insurance Company to indemnify, or contract to indemnify, to the same extent allowed for its directors and officers, such person who was, is or may become a party to any proceeding, by reason of the fact that he or she is or was an employee or agent of Genworth Life and Annuity Insurance Company, or is or was serving at the request of Genworth Life and Annuity Insurance Company as a director, officer, employee or agent of another corporation, partnership, joint venture, trust, employee benefit plan or other enterprise.

Insofar as indemnification for liability arising under the Securities Act of 1933 may be permitted to directors, officers and controlling persons of the depositor pursuant to the foregoing provisions, or otherwise, the depositor has been advised that in the opinion of the Securities and Exchange Commission such indemnification is against public policy as expressed in the Act and is, therefore, unenforceable.

* * *

Item 29. Principal Underwriter

(a) Capital Brokerage Corporation is the principal underwriter of the contracts as defined in the Investment Company Act of 1940, and is also the principal underwriter for flexible premium variable annuity and variable life insurance policies issued through Genworth Life & Annuity VL Separate Account 1, Genworth Life & Annuity VA Separate Account 1, Genworth Life & Annuity VA Separate Account 2, Genworth Life & Annuity VA Separate Account 3 and Genworth Life & Annuity VA Separate Account 4.

(b)

Name	Address	Positions and Offices with Underwriter
Christopher J. Grady...	6610 W. Broad St. Richmond, VA 23230	Director, President and Chief Executive Officer
Geoffrey S. Stiff.....	6610 W. Broad St. Richmond, VA 23230	Director and Senior Vice President
John G. Apostle, II....	6620 W. Broad St. Richmond, VA 2320	Director
Patrick B. Kelleher....	6610 W. Broad St. Richmond, VA 23230	Senior Vice President
Victor C. Moses.....	601 Union Street, Suite 2200 Seattle, WA 98101	Senior Vice President
Edward J. Wiles, Jr....	3001 Summer St., 2nd Floor Stamford, CT 06905	Senior Vice President
Scott E. Wolfe.....	6620 W. Broad Street Richmond, VA 23230	Senior Vice President and Chief Compliance Officer
Kelly L. Groh.....	6610 W. Broad Street Richmond, Virginia 23230	Chief Financial Officer
James H. Reinhart.....	6610 W. Broad St. Richmond, VA 23230	Vice President

C-9

Name	Address	Positions and Offices with Underwriter
Michele L. Trampe.....	6610 W. Broad St. Richmond, VA 23230	Vice President and Controller
Gary T. Prizzia.....	6620 W. Broad Street Richmond, VA 23230	Treasurer
Gabor Molnar.....	6610 W. Broad St. Richmond, VA 23230	Financial & Operations Principal

(c)

(1) Name of Principal Underwriter	(2) Net Underwriting Discounts and Commissions	(3) Compensation on Redemption	(4) Brokerage Commissions	(5) Compensation
Capital Brokerage Corporation.	Not Applicable	Not Applicable	10%	\$140.1 million

Item 30. Location of Accounts and Records

All accounts and records required to be maintained by Section 31(a) of the Investment Company Act of 1940 and the rules under it are maintained by Genworth Life and Annuity Insurance Company at 6610 West Broad Street, Richmond, Virginia 23230.

Item 31. Management Services

Not Applicable.

Item 32. Undertakings

(a) Registrant undertakes that it will file a post-effective amendment to this Registration Statement as frequently as necessary to ensure that the audited financial statements in the Registration Statement are never more than 16 months old for so long as payments under the variable annuity contracts may be accepted.

(b) Registrant undertakes that it will include either (1) as part of any application to purchase a contract offered by the prospectus, a space that an applicant can check to request a Statement of Additional Information, or (2) a post card or similar written communication affixed to or included in the Prospectus that the applicant can remove to send for a Statement of Additional Information.

(c) Registrant undertakes to deliver any Statement of Additional Information and any financial statements required to be made available under this Form promptly upon written or oral request to Genworth Life and Annuity Insurance Company at the address or phone number listed in the Prospectus.

STATEMENT PURSUANT TO SECTION 26(f) OF THE INVESTMENT COMPANY ACT OF 1940

Genworth Life and Annuity Insurance Company hereby represents that the fees and charges deducted under the contract, in the aggregate, are reasonable in relation to the services rendered, the expenses expected to be incurred, and the risks assumed by Genworth Life and Annuity Insurance Company.

STATEMENT PURSUANT TO RULE 6C-7 OF THE INVESTMENT COMPANY ACT OF 1940

Genworth Life and Annuity Insurance Company offers and will offer contracts to participants in the Texas Optional Retirement Program. In connection therewith, Genworth Life and Annuity Insurance Company and the Genworth Life & Annuity VA Separate Account 1 rely on 17 C.F.R. Section 270.6c-7 and represent that the provisions of paragraphs (a)-(d) of the Rule have been or will be complied with.

C-10

SECTION 403(B) OF THE INTERNAL REVENUE REPRESENTATIONS

Genworth Life and Annuity Insurance Company represents that in connection with its offering of contracts as funding vehicles for retirement plans meeting the requirements of Section 403(b) of the Internal Revenue Code of 1986, as amended, it is relying on a no-action letter dated November 28, 1988, to the American Council of Life Insurance (Ref. No. IP-6-88) regarding Sections 22(e), 27(c)(1), and 27(d) of the Investment Company Act of 1940, and that paragraphs numbered (1) through (4) of that letter will be complied with.

C-11

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933 and the Investment Company Act of 1940, the Registrant certifies that it meets the requirements of Securities Act Rule 485(b) for effectiveness of this Registration Statement and has duly caused this Registration Statement to be signed on its behalf by the undersigned, duly authorized, in the County of Henrico, and Commonwealth of Virginia, on the 29th day of August, 2008.

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GENWORTH LIFE & ANNUITY VA SEPARATE ACCOUNT 1
(Registrant)

By: /s/ MATTHEW P. SHARPE

Matthew P. Sharpe
Vice President

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BY: GENWORTH LIFE AND ANNUITY INSURANCE
COMPANY
(Depositor)

By: /s/ MATTHEW P. SHARPE

Matthew P. Sharpe
Vice President

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Pursuant to the requirements of the Securities Act of 1933, this registration statement has been signed below by the following persons in the capacities and on the dates indicated.

Name	Title	Date
----	-----	----
/s/ PAMELA S. SCHUTZ*	Chairperson of the Board, President and Chief	August 29, 2008

Pamela S. Schutz	Executive Officer	
/s/ WILLIAM C. GOINGS, II*	Director and Senior Vice President	August 29, 2008
----- William C. Goings, II		
/s/ PAUL A. HALEY*	Director, Senior Vice President and Chief Actuary	August 29, 2008
----- Paul A. Haley		
/S/ VICTOR C. MOSES*	Director and Vice President	August 29, 2008
----- Victor C. Moses		
/S/ LEON E. RODAY*	Director and Senior Vice President	August 29, 2008
----- Leon E. Roday		
/S/ GEOFFREY S. STIFF*	Director and Senior Vice President	August 29, 2008
----- Geoffrey S. Stiff		
/S/ KELLY L. GROH*	Senior Vice President and Chief Financial Officer	August 29, 2008
----- Kelly L. Groh		

C-12

Name	Title	Date
----	-----	----
/s/ JAC J. AMERELL*	Vice President and Controller	August 29, 2008
----- Jac J. Amerell		

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*By: /s/ MATTHEW P. SHARPE, pursuant to Power of Attorney executed on March 31, 2008 and on August 15, 2008. August 29, 2008

Matthew P. Sharpe

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C-13