

SECURITIES AND EXCHANGE COMMISSION

FORM 497

Definitive materials filed under paragraph (a), (b), (c), (d), (e) or (f) of Securities Act Rule 497

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ICMG REGISTERED VARIABLE LIFE SEPARATE ACCOUNT ONE

CIK: **1002729** | IRS No.: **000000000**
Type: **497** | Act: **33** | File No.: **033-63731** | Film No.: **05789617**

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OMNISOURCE (R)
ICMG REGISTERED VARIABLE LIFE SEPARATE ACCOUNT ONE
HARTFORD LIFE AND ANNUITY INSURANCE COMPANY

FILE NO. 33-63731

SUPPLEMENT DATED MAY 2, 2005 TO YOUR PROSPECTUS DATED MAY 2, 2005

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SUPPLEMENT DATED MAY 2, 2005 TO YOUR PROSPECTUS

HARTFORD CAPITAL APPRECIATION INVESTMENT DIVISION - CLOSURE

Effective after the close of regular trading on the New York Stock Exchange on June 15, 2005, Hartford Capital Appreciation Investment Division will be closed to new and subsequent premium payments and transfers of Investment Value.

THIS SUPPLEMENT SHOULD BE RETAINED WITH THE PROSPECTUS FOR FUTURE REFERENCE.

HV-5158