

# SECURITIES AND EXCHANGE COMMISSION

## FORM 4

Statement of changes in beneficial ownership of securities

Filing Date: **1999-03-26** | Period of Report: **1999-03-11**  
SEC Accession No. **0000898430-99-001148**

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### SUBJECT COMPANY

#### TOTAL RENAL CARE HOLDINGS INC

CIK: **927066** | IRS No.: **510354549** | State of Incorporation: **DE** | Fiscal Year End: **1231**  
Type: **4** | Act: **34** | File No.: **001-04034** | Film No.: **99573383**  
SIC: **8090** Misc health & allied services, nec

Mailing Address  
21250 HAWTHORNE BLVD  
SUITE 800  
21250 HAWTHORNE BLVD  
SUITE 800  
TORRANCE CA 90503-5517

Business Address  
21250 HAWTHORNE BLVD  
SIE 800  
TORRANCE CA 90503-5517  
3107922600

### REPORTING OWNER

#### MASSRY SHAUL G

CIK: **1069431** | State of Incorporation: **CA** | Fiscal Year End: **1231**  
Type: **4**

Business Address  
TOTAL RENAL CARE  
HOLDINGS INC  
21250 HAWTHORNE BLVD  
STE 800  
TORRANCE CA 90503  
3107922600



</TABLE>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If this form is filed by more than one reporting person, see Instruction 4(b) (v).

FORM 4 (continued)

TABLE II--DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED (e.g., puts, calls, warrants, options, convertible securities)

<TABLE>

<CAPTION>

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	
			Code	V	(A)	(D)
<S>	<C>	<C>	<C>	<C>	<C>	<C>
Options (16b-3 Plan)	\$9 1/16	3/11/99	A	V	20,000	

</TABLE>

TABLE II--DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED (e.g., puts, calls, warrants, options, convertible securities)--CONTINUED

<TABLE>

<CAPTION>

6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned	10. Ownership Form of Derivative Security: Direct	11. Nature of Indirect Beneficial Ownership

