

SECURITIES AND EXCHANGE COMMISSION

FORM 497J

Certification of no change in definitive materials under paragraph (j) of Securities Act Rule
497

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FILER

Northern Lights Variable Trust

CIK: [1352621](#) | IRS No.: **000000000** | State of Incorporation: **DE**
Type: **497J** | Act: **33** | File No.: [333-131820](#) | Film No.: **12793463**

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NORTHERN LIGHTS VARIABLE TRUST

April 30, 2012

Securities and Exchange Commission
100 F Street, N.E.
Washington, DC 20549

Attention: Filings - Rule 497(j)

Re: Northern Lights Variable Trust - Power Income VIT Fund

Post Effective Amendment No. 56 to the Registration Statement on Form N-1A
(File No. 333-131820, CIK No. 0001352621)

Dear Sir or Madam:

This letter is being transmitted by means of electronic submission by the Northern Lights Variable Trust (“the Trust”), on behalf of Power Income VIT Fund (the “Portfolio”), pursuant to Rule 497(j) under the Securities Act of 1933, as amended (the “1933 Act”), and Regulation S-T.

Pursuant to Rule 497(j) under the Securities Act of 1933, as amended (the “1933 Act”), and on behalf of the Trust, I hereby certify that the form of Prospectus and Statement of Additional Information that would have been filed pursuant to paragraph (c) of Rule 497 under the 1933 Act would not have differed from that contained in Post-Effective Amendment No. 56 to the Trust’s registration statement on Form N-1A (the “Amendment”). The text of the Amendment was filed electronically with the Securities and Exchange Commission on April 23, 2012 (SEC Accession No. 0000910472-12-001175).

Questions related to this filing should be directed to JoAnn M. Strasser of Thompson Hine LLP at (513) 352-6725 or to me at (631) 470-2600.

Very truly yours,

/s/ James P. Ash, Esq.
James P. Ash, Esq.
Secretary

cc: JoAnn M. Strasser, Esq.