

SECURITIES AND EXCHANGE COMMISSION

FORM 4

Statement of changes in beneficial ownership of securities

Filing Date: **2013-05-16** | Period of Report: **2013-05-14**
SEC Accession No. [0001104659-13-042383](#)

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REPORTING OWNER

DEYOUNG MARK W

CIK: **1188447**

Type: **4** | Act: **34** | File No.: **001-10582** | Film No.: **13850983**

ISSUER

ALLIANT TECHSYSTEMS INC

CIK: **866121** | IRS No.: **411672694** | State of Incorporation: **DE** | Fiscal Year End: **0331**
SIC: **3760** Guided missiles & space vehicles & parts

Mailing Address

7480 FLYING CLOUD DRIVE
MINNEAPOLIS MN
55344-3720

Business Address

7480 FLYING CLOUD DRIVE
MINNEAPOLIS MN
55344-3720
9523513000

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: 02/28/2011
Estimated average burden hours per response 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person DEYOUNG MARK W			2. Issuer Name and Ticker or Trading Symbol ALLIANT TECHSYSTEMS INC [ATK]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) President and CEO		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/14/2013					
1300 WILSON BOULEVARD, SUITE 400			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing (Check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person		
(Street)								
ARLINGTON, VA 22209								
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D) Price			
Common Stock	05/14/2013		A	(1)	5,563	A \$ 0	62,366 (2)	D	
Common Stock	05/14/2013		F	(1)	1,813	D \$76.64	60,553 (2)	D	
Common Stock	05/14/2013		A	(3)	57	A \$ 0	60,610 (2)	D	
Common Stock	05/14/2013		F	(3)	57	D \$76.64	60,553 (2)	D	
Common Stock							1,261 (4)	I	By 401(k) Plan

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

Deferred Stock Units (S)	(S)	05/14/2013		<u>A</u>	2,327	(S)	(S)	Common Stock	2,327	\$ 0	9,963	D	
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Explanation of Responses:

1. Shares acquired represent payment of a Performance Share Award (PSA) under the 2005 Stock Incentive Plan, and shares disposed represent shares withheld from the PSA to pay withholding taxes.
2. 40,954 of these shares are subject to certain restrictions including possible forfeiture applicable to restricted stock issued under the Issuer's 2005 Stock Incentive Plan.
3. Shares simultaneously acquired and disposed represent shares withheld to pay Medicare taxes in connection with the deferral of a portion of performance shares earned under the PSA as permitted by the Issuer's Nonqualified Deferred Compensation Plan (NQDCP) (reported in Table II of this Form).
4. Based on a plan statement dated March 31, 2013.
5. The Deferred Stock Units were credited to the reporting person's account under the Issuer's NQDCP in lieu of a payment by the Issuer of performance shares under the Issuer's 2005 Stock Incentive Plan. The number of units credited to the reporting person's account was determined on a 1-for-1 basis equal to the number of shares of common stock that would have been paid, reduced by the number of shares having a value equal to the Issuer's Medicare tax withholding obligation as a result of the deferral of the payment of the shares. The units will be settled 100% in shares of the Issuer's common stock following the reporting person's termination of employment or such other date specified by the reporting person under the terms of the NQDCP.

Signatures

/s/Mark W. DeYoung

** Signature of Reporting Person

05/16/2013

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.