

SECURITIES AND EXCHANGE COMMISSION

FORM 497

Definitive materials filed under paragraph (a), (b), (c), (d), (e) or (f) of Securities Act Rule 497

Filing Date: **1999-09-10**
SEC Accession No. **0000086317-99-000170**

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FILER

**VARIABLE ACCOUNT D OF FORTIS BENEFITS INSURANCE
CO**

Mailing Address
*P O BOX 64284
ST PAUL MN 55164*

Business Address
*P O BOX 64284
ST PAUL MN 55164
6127384496*

CIK: **826723** | IRS No.: **810170040** | State of Incorporation: **MN** | Fiscal Year End: **1231**
Type: **497** | Act: **33** | File No.: **033-19421** | Film No.: **99709674**

September 3, 1999

SUPPLEMENT TO STATEMENT
OF ADDITIONAL INFORMATION
DATED MAY 1, 1999

of
Fortis Benefits Insurance Company
for
Flexible Premium Variable Annuities

The paragraph on page 2 under the section entitled "Fortis Benefits" which refers to the Standard & Poor's rating of Fortis Benefits Insurance Company is amended to indicate that the rating by Standard & Poor's is AA-, which is defined as an insurer who offers "very strong financial strength."