

# SECURITIES AND EXCHANGE COMMISSION

## FORM 6-K

Current report of foreign issuer pursuant to Rules 13a-16 and 15d-16 Amendments

Filing Date: **2013-03-19** | Period of Report: **2013-03-19**  
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### FILER

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#### **ADVANTAGE OIL & GAS LTD.**

CIK: **1468079** | IRS No.: **000000000** | State of Incorporation: **A0** | Fiscal Year End: **1231**  
Type: **6-K** | Act: **34** | File No.: **001-34406** | Film No.: **13702657**  
SIC: **1311** Crude petroleum & natural gas

Mailing Address  
*SUITE 700, 400 - 3RD  
AVENUE S.W.  
CALGARY A0 T2P 4H2*

Business Address  
*SUITE 700, 400 - 3RD  
AVENUE S.W.  
CALGARY A0 T2P 4H2  
(403) 718-8000*

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# FORM 6-K

## SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

### Report of Foreign Private Issuer

### Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of March, 2013

Commission File Number: 001-34406

## Advantage Oil & Gas Ltd.

(Exact name of registrant as specified in its charter)

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700, 400 – 3<sup>rd</sup> Avenue SW  
Calgary, Alberta, Canada T2P 4H2  
(Address of principal executive offices)

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Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F

Form 40-F

Note: Regulation S-T Rule 101(b)(1) only permits the submission in paper of a Form 6-K if submitted solely to provide an attached annual report to security holders.

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Note: Regulation S-T Rule 101(b)(7) only permits the submission in paper of a Form 6-K if submitted to furnish a report or other document that the registrant foreign private issuer must furnish and make public under the laws of the jurisdiction in which the registrant is incorporated, domiciled or legally organized (the registrant's "home country"), or under the rules of the home country exchange on which the registrant's securities are traded, as long as the report or other document is not a press release, is not required to be and has not been distributed to the registrant's security holders, and, if discussing a material event, has already been the subject of a Form 6-K submission or other Commission filing on EDGAR.

Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes

No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

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## EXHIBIT INDEX

EXHIBIT	TITLE
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99.1	News Release dated March 19, 2013 - Advantage Announces New Natural Gas Commodity Price Hedges
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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

**ADVANTAGE OIL & GAS LTD.**  
(Registrant)

Date: March 19, 2013

By: /s/ Craig Blackwood  
Name: Craig Blackwood  
Title: Vice President, Finance

## Advantage Announces New Natural Gas Commodity Price Hedges

(TSX: AAV, NYSE: AAV)

CALGARY, March 19, 2013 /CNW/ - Advantage Oil & Gas Ltd. ("**Advantage**" or the "**Corporation**") announces that it has entered into new natural gas commodity price hedges for 2014 and 2015. Advantage has now hedged the following average production volumes at the corresponding averages prices for the periods as follows:

Period	Average Volume Hedged	Average Price \$Cdn. AECO
2013 Year	29,224 mcf/d	\$3.31/mcf
2014 Year	33,174 mcf/d	\$3.78/mcf
2015 Q1	33,174 mcf/d	\$4.01/mcf

Below is a detailed list of individual derivative contracts as at March 18, 2013:

Description of Derivative	Term	Volume	Average Price \$Cdn. AECO
<b>Natural gas - AECO</b>			
Fixed price	January 2013 to December 2013	14,217 mcf/d	\$3.51/mcf
Fixed price	April 2013 to October 2013	9,478 mcf/d	\$3.14/mcf
Fixed price	April 2013 to October 2013	9,478 mcf/d	\$3.17/mcf
Fixed price	April 2013 to October 2013	4,739 mcf/d	\$2.95/mcf
Fixed price	July 2013 to September 2013	4,739 mcf/d	\$3.22/mcf
Fixed price	January 2014 to March 2014	14,217 mcf/d	\$3.85/mcf
Fixed price	January 2014 to March 2014	18,956 mcf/d	\$3.84/mcf
Fixed price	April 2014 to October 2014	14,217 mcf/d	\$3.68/mcf
Fixed price	April 2014 to October 2014	18,956 mcf/d	\$3.68/mcf
Fixed price	November 2014 to March 2015	14,217 mcf/d	\$4.02/mcf
Fixed price	November 2014 to March 2015	18,956 mcf/d	\$4.01/mcf

SOURCE: Advantage Oil & Gas Ltd.

%CIK: 0001468079

### For further information:

Investor Relations

**Toll free: 1-866-393-0393**

### ADVANTAGE OIL & GAS LTD.

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Calgary, Alberta

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Web Site: [www.advantageog.com](http://www.advantageog.com)

CO: Advantage Oil & Gas Ltd.

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