

# SECURITIES AND EXCHANGE COMMISSION

## FORM 4

Statement of changes in beneficial ownership of securities

Filing Date: **2006-01-05** | Period of Report: **2006-01-04**  
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### REPORTING OWNER

#### **SHEA CHRISTINA L**

CIK: **1074504** | State of Incorporation: **MN** | Fiscal Year End: **1228**  
Type: **4** | Act: **34** | File No.: **001-01185** | Film No.: **06514167**  
SIC: **5961** Catalog & mail-order houses

Mailing Address  
4400 BAKER ROAD  
MINNETONKA MN 55343

Business Address  
4400 BAKER RD  
MINNETONKA MN 55343  
6129323100

### ISSUER

#### **GENERAL MILLS INC**

CIK: **40704** | IRS No.: **410274440** | State of Incorporation: **DE** | Fiscal Year End: **0525**  
SIC: **2040** Grain mill products

Mailing Address  
P O BOX 1113  
MINNEAPOLIS MN 55440

Business Address  
NUMBER ONE GENERAL  
MILLS BLVD  
MINNEAPOLIS MN 55426  
(763) 764-7600

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### OMB APPROVAL

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <b>SHEA CHRISTINA L</b>			2. Issuer Name and Ticker or Trading Symbol <b>GENERAL MILLS INC [GIS]</b>			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) <b>Senior Vice President</b>		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) <b>01/04/2006</b>			6. Individual or Joint/Group Filing (Check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person		
GENERAL MILLS, INC., NUMBER ONE GENERAL MILLS BLVD.			4. If Amendment, Date Original Filed(Month/Day/Year)					
(Street) <b>MINNEAPOLIS, MN 55426</b>								
(City)	(State)	(Zip)						

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
COMMON STOCK	01/04/2006		M		3,144	A	\$27.78	0	D	
COMMON STOCK	01/04/2006		S		3,144	D	\$49.74	37,371	D	
COMMON STOCK								4,184	I	(see footnote) <sup>(1)</sup>

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
OPTION TO BUY	\$27.78	01/04/2006		M		3,144		11/01/2000	01/11/2006	COMMON STOCK	3,144	<sup>(2)</sup>	0	D	

#### Explanation of Responses:

1. Held in Trust by the Trustee of the General Mills Savings Plan.

2. Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.

**Signatures**

/s/ Trevor Gunderson by Power of Attorney on behalf of CHRISTINA SHEA

01/05/2006

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**