

SECURITIES AND EXCHANGE COMMISSION

FORM SC 13G/A

Schedule filed to report acquisition of beneficial ownership of 5% or more of a class of equity securities by passive investors and certain institutions [amend]

Filing Date: **1994-07-08**
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SUBJECT COMPANY

HEALTH RISK MANAGEMENT INC /MN/

CIK: **869486** | IRS No.: **411407404** | State of Incorporation: **MN** | Fiscal Year End: **0630**
Type: **SC 13G/A** | Act: **34** | File No.: **005-41329** | Film No.: **94538257**
SIC: **6324** Hospital & medical service plans

Business Address
8000 WEST 78TH STREET
MINNEAPOLIS MN 55439
6128293500

FILED BY

MORGAN J P & CO INC

CIK: **68100** | IRS No.: **132625764** | State of Incorporation: **DE** | Fiscal Year End: **1231**
Type: **SC 13G/A**
SIC: **6022** State commercial banks

Mailing Address
P O BOX 271
C/O WILLIAM D HALL
WILMINGTON DE 19899

Business Address
60 WALL ST
NEW YORK NY 10260
2124832323

SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D. C. 20549
SCHEDULE 13G
UNDER THE SECURITIES EXCHANGE ACT OF 1934
(AMENDMENT NO. 3)*

NAME OF ISSUER: Health Risk Management, Inc.

TITLE OF CLASS OF SECURITIES: Health Risk Management, Inc.
UNLESS OTHERWISE NOTED, THE SECURITY BEING REPORTED IS A
COMMON STOCK

CUSIP NO: 421935 10 7

FEE BEING PAID: NO

(1) NAMES OF REPORTING PERSONS: J. P. MORGAN & CO., INCORPORATED
S.S. OR I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS: 13-2625764

(2) CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP: (A)
(B)

(3) SEC USE ONLY

(4) CITIZENSHIP OR PLACE OF ORGANIZATION: UNITED STATES

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH:

(5) SOLE POWER TO VOTE:	277,900 SHARES
(6) SHARED POWER TO VOTE:	0 SHARES
(7) SOLE POWER TO DISPOSE:	393,700 SHARES
(8) SHARED POWER TO DISPOSE:	0 SHARES

(9) AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON:
393,700 SHARES

(10) CHECK IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES:

(11) PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9): 9.9 %

(12) TYPE OF REPORTING PERSON: HC

SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D. C. 20549
SCHEDULE 13G
UNDER THE SECURITIES EXCHANGE ACT OF 1934

FEE BEING PAID: NO

ITEM 1 (a) NAME OF ISSUER: Health Risk Management, Inc.

ITEM 1 (b) ADDRESS OF ISSUER'S PRINCIPAL EXECUTIVE OFFICES:
8000 West 78th. Street
Minneapolis, MN 55439

ITEM 2 (a) NAME OF PERSON FILING: J. P. MORGAN & CO., INCORPORATED

ITEM 2 (b) ADDRESS OF PRINCIPAL BUSINESS OFFICE:
60 WALL STREET
NEW YORK, N. Y. 10260

ITEM 2 (c) CITIZENSHIP UNITED STATES

ITEM 2 (d) TITLE OF CLASS OF SECURITIES:
Health Risk Management, Inc.

UNLESS OTHERWISE NOTED, THE SECURITY BEING REPORTED IS A
COMMON STOCK

ITEM 2 (e) CUSIP NO: 421935 10 7

ITEM 3 TYPE OF PERSON: (g) PARENT HOLDING COMPANY

ITEM 4 (a) AMOUNT BENEFICIALLY OWNED: 393,700 SHARES,
INCLUDING 0 SHARES WHERE THERE IS A RIGHT TO ACQUIRE.

ITEM 4 (b) PERCENT OF CLASS: 9.9 %

ITEM 4 (c)	(i) SOLE POWER TO VOTE:	277,900	SHARES
	(ii) SHARED POWER TO VOTE:	0	SHARES
	(iii) SOLE POWER TO DISPOSE:	393,700	SHARES
	(iv) SHARED POWER TO DISPOSE:	0	SHARES

ITEM 5 OWNERSHIP OF 5 PERCENT OR LESS OF A CLASS: Not Applicable

ITEM 6 OWNERSHIP OF MORE THAN 5 PERCENT ON BEHALF OF ANOTHER PERSON:

VIRTUALLY ALL OF OUR ACCOUNTS INVOLVE OUTSIDE PERSONS WHO HAVE THE RIGHT TO RECEIVE OR DIRECT THE RECEIPT OF DIVIDENDS FROM, OR THE PROCEEDS FROM THE SALE OF, SECURITIES IN SUCH ACCOUNTS WITH RESPECT TO THE CLASS OF SECURITIES WHICH ARE THE SUBJECT OF THIS REPORT. HOWEVER, NO SUCH PERSON'S RIGHTS RELATE TO MORE THAN FIVE PERCENT OF THE CLASS, UNLESS SUCH PERSON IS IDENTIFIED BELOW

ITEM 7 IDENTIFICATION AND CLASSIFICATION OF SUBSIDIARIES:

MORGAN GUARANTY TRUST COMPANY OF NEW YORK - 3(b) BANK

J.P. MORGAN INVESTMENT MANAGEMENT INC. - 3(e) INVESTMENT ADVISOR

MORGAN TRUST COMPANY OF FLORIDA N.A. - 3(b) BANK

CERTAIN OF THE SECURITIES COVERED BY THIS REPORT MAY BE OWNED BY NON-QUALIFYING SUBSIDIARIES OF J.P. MORGAN & CO. INCORPORATED, BUT THE AMOUNT SO OWNED DOES NOT EXCEED ONE PERCENT OF THE TOTAL OUTSTANDING SECURITIES OF THE COMPANY AND IT IS NOT PRACTICAL TO OBTAIN ADDITIONAL INFORMATION CONCERNING SUCH SECURITIES.

ITEM 8 IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP:

NOT APPLICABLE

ITEM 9 NOTICE OF DISSOLUTION OF THE GROUP: NOT APPLICABLE

ITEM 10 CERTIFICATION:

BY SIGNING BELOW I CERTIFY THAT, TO THE BEST OF MY KNOWLEDGE AND BELIEF, THE SECURITIES REFERRED TO ABOVE WERE ACQUIRED IN THE ORDINARY COURSE OF BUSINESS AND WERE NOT ACQUIRED FOR THE PURPOSE OF AND DO NOT HAVE THE EFFECT OF CHANGING OR INFLUENCING THE CONTROL OF THE ISSUER OF SUCH SECURITIES AND WERE NOT ACQUIRED IN CONNECTION WITH OR AS A PARTICIPANT IN ANY TRANSACTION HAVING SUCH PURPOSE OR EFFECT.

AFTER REASONABLE INQUIRY AND TO THE BEST OF MY KNOWLEDGE AND BELIEF, I CERTIFY THAT THE INFORMATION SET FORTH IN THIS STATEMENT IS TRUE, COMPLETE AND CORRECT.

KATHLEEN H. TRIPP
VICE PRESIDENT