

# SECURITIES AND EXCHANGE COMMISSION

## FORM 4

Statement of changes in beneficial ownership of securities

Filing Date: **2011-11-07** | Period of Report: **2011-07-28**

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### REPORTING OWNER

#### **BROADY GEORGE K**

CIK: **1156133**

Type: **4** | Act: **34** | File No.: **000-26272** | Film No.: **111185419**

Mailing Address

*1301 WATERS RIDGE DR  
C/O ULTRAK  
LEWISVILLE TX 75057*

### ISSUER

#### **NATURAL HEALTH TRENDS CORP**

CIK: **912061** | IRS No.: **592705336** | State of Incorporation: **DE** | Fiscal Year End: **1231**

SIC: **5190** Miscellaneous nondurable goods

Mailing Address

*2050 DIPLOMAT DRIVE  
--  
DALLAS TX 75234*

Business Address

*2050 DIPLOMAT DRIVE  
--  
DALLAS TX 75234  
972-241-4080*

**FORM 4**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**OMB APPROVAL**

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <b>BROADY GEORGE K</b>			2. Issuer Name and Ticker or Trading Symbol <b>NATURAL HEALTH TRENDS CORP</b> <b>[NHTC]</b>		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title) <input type="checkbox"/> Other (specify below)	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) <b>07/28/2011</b>		6. Individual or Joint/Group Filing (Check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person	
751 CANYON DRIVE, SUITE 100			4. If Amendment, Date Original Filed(Month/Day/Year)			
(Street) <b>COPPELL, TX 75019</b>						
(City)	(State)	(Zip)				

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	07/28/2011		P		4,279	A	\$0.44	2,099,610	D	
Common Stock	07/28/2011		P		2,972	A	\$0.3	2,102,582	D	
Common Stock	08/01/2011		P		20,000	A	\$0.44	2,122,582	D	
Common Stock	08/10/2011		P		6,634	A	\$0.35	2,129,216	D	
Common Stock	08/11/2011		P		18	A	\$0.35	2,129,234	D	
Common Stock	08/18/2011		P		750	A	\$0.361	2,129,984	D	
Common Stock	08/19/2011		P		5,500	A	\$0.45	2,135,484	D	
Common Stock	08/19/2011		P		5,200	A	\$0.46	2,140,684	D	
Common Stock	08/22/2011		P		3,800	A	\$0.45	2,144,484	D	
Common Stock	08/25/2011		P		4,912	A	\$0.5	2,149,396	D	
Common Stock	08/25/2011		P		1,500	A	\$0.52	2,150,896	D	
Common Stock	08/31/2011		P		2	A	\$0.52	2,150,898	D	
Common Stock	09/01/2011		P		5	A	\$0.52	2,150,903	D	
Common Stock	09/22/2011		P		34,531	A	\$0.66	2,185,434	D	
Common Stock	09/23/2011		P		14,500	A	\$0.6996	2,199,934	D	

Common Stock	09/23/2011		P		3,000	A	\$0.695	2,202,934	D	
Common Stock	09/23/2011		P		5,683	A	\$0.68	2,208,617	D	
Common Stock	09/27/2011		P		11,302	A	\$0.69	2,219,919	D	
Common Stock	09/30/2011		P		6,000	A	\$0.66	2,225,919	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					

**Signatures**

/s/ George K. Broady

\*\* Signature of Reporting Person

11/07/2011

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**