

SECURITIES AND EXCHANGE COMMISSION

FORM 497J

Certification of no change in definitive materials under paragraph (j) of Securities Act Rule 497

Filing Date: **2005-05-02**
SEC Accession No. **0000945094-05-000473**

(HTML Version on secdatabase.com)

FILER

**AMERICAN MATURITY LIFE INSURANCE CO SEPARATE
ACCOUNT AMLVA**

CIK: **1020807** | IRS No.: **061422508** | Fiscal Year End: **1231**
Type: **497J** | Act: **33** | File No.: **333-10105** | Film No.: **05788905**

Mailing Address
*AMERICAN MATURITY LIFE
INSURANCE CO
200 HOPMEADOW ST
SIMSBURY CT 06089*

Business Address
*200 HOPMEADOW ST
AMERICAN MATURITY LIFE
INSURANCE CO
SIMSBURY CT 06089
8608437563*

May 2, 2005

BY EDGAR

Securities and Exchange Commission
450 Fifth Street, N.W.
Washington, D.C. 20549

Re: American Maturity Life Insurance Company
Separate Account AMLVA ("Registrant")
AARP Variable Annuity
File Nos. 333-10105 and 811-07761 ("Registration Statement")
CIK No. 0001020807

Commissioners:

In accordance with Rule 497(j) of Regulation C under the Securities Act of 1933, Registrant certifies that:

- a. The form of prospectus and statement of additional information that would have been filed under paragraph (c) of Rule 497 would not have differed from that contained in the most recent Amendment ("Amendment") to the above referenced Registration Statement on Form N-4; and
- b. The text of the Amendment was filed with the Commission electronically on April 29, 2005.

Please direct any questions or comments to me at (847) 402-3058.

Very truly yours,

/s/ JOHN E. BUCHANAN

John E. Buchanan
Assistant Counsel
Allstate Life Insurance Company
(Administrator of AARP Variable Annuity)

Encs.