

# SECURITIES AND EXCHANGE COMMISSION

## FORM 4

Statement of changes in beneficial ownership of securities

Filing Date: **2012-04-30** | Period of Report: **2012-04-26**  
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### REPORTING OWNER

**HARTNETT MICHAEL J**

CIK: **1256535**

Type: **4** | Act: **34** | File No.: **000-51486** | Film No.: **12796651**

Mailing Address

*RBC BEARINGS, INC., 102  
WILLENBROCK ROAD  
ONE TRIBOLOGY CENTER  
OXFORD CT 06478*

### ISSUER

**RBC Bearings INC**

CIK: **1324948** | IRS No.: **954372080** | Fiscal Year End: **0331**

SIC: **3562** Ball & roller bearings

Mailing Address

*ONE TRIBOLOGY CENTER  
OXFORD CT 06478*

Business Address

*ONE TRIBOLOGY CENTER  
OXFORD CT 06478  
(203) 267 7001*

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the  
Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of  
1940

1. Name and Address of Reporting Person <b>HARTNETT MICHAEL J</b>  (Last) (First) (Middle)  102 WILLENBROCK ROAD, ONE TRIBOLOGY CENTER  (Street)  OXFORD, CT US 06478  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <b>RBC Bearings INC [ROLL]</b>  3. Date of Earliest Transaction (Month/Day/Year) 04/26/2012  4. If Amendment, Date Original Filed(Month/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)  <b>President and CEO</b>  6. Individual or Joint/Group Filing (Check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person
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**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	V	Amount	(A) or (D)	Price					
Common Stock	04/26/2012		M	(10)	21,174	(10)	A	\$22.66	128,154	(6) (7) (8) (3)	D	
Common Stock	04/26/2012		S	(10)	21,174	(10)	D	\$47.0941	106,980	(6) (7) (8) (3)	D	
Common Stock	04/27/2012		M	(10)	12,200	(10)	A	\$22.66	119,180	(6) (7) (8) (3)	D	
Common Stock	04/27/2012		S	(10)	12,200	(10)	D	\$47.5151	106,980	(6) (7) (8) (3)	D	
Common Stock	04/30/2012		M	(10)	6,626	(10)	A	\$22.66	113,606	(6) (7) (8) (3)	D	
Common Stock	04/30/2012		S	(10)	6,626	(10)	D	\$47.0903	106,980	(6) (7) (8) (3)	D	
Common Stock	04/30/2012		M	(10)	4,459	(10)	A	\$31.91	111,439	(6) (7) (8) (3)	D	
Common Stock	04/30/2012		S	(10)	4,459	(10)	D	\$47.0903	106,980	(6) (7) (8) (3)	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Securities Underlying Derivative	8. Price of Derivative	9. Number of Derivative Securities Beneficially	10. Ownership Form of Derivative	11. Nature of Indirect Beneficial
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	Derivative Security		any (Month/Day/Year)	Disposed of (D) (Instr. 3, 4, and 5)				Date Exercisable	Expiration Date	Security (Instr. 3 and 4)		Security (Instr. 5)	Owned Following Reported Transaction(s) (Instr. 4)	Security: Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
				Code	V	(A)	(D)			Title	Amount or Number of Shares				
Stock Option for Common Stock	\$14.5						03/29/2006	08/10/2015	Common Stock	533,502		533,502	D		
Stock Option for Common Stock	\$22.66	04/26/2012		<u>M</u> <sup>(10)</sup>		21,174 <sup>(10)</sup>	07/12/2007 <sup>(1)</sup>	07/12/2013	Common Stock	40,000	\$ 0	18,826	D		
Stock Option for Common Stock	\$31.91	04/30/2012		<u>M</u> <sup>(10)</sup>		4,459 <sup>(10)</sup>	02/12/2009 <sup>(2)</sup>	02/12/2015	Common Stock	100,000	\$ 0	95,541	D		
Stock Option for purchase of Common Stock	\$20.37						11/11/2009 <sup>(4)</sup>	11/11/2015	Common Stock	100,000		100,000	D		
Stock Option for purchase of Common Stock	\$22.73						11/16/2010 <sup>(5)</sup>	11/16/2016	Common	100,000		100,000	D		
Stock Option for purchase of Common Stock	\$37.66						10/06/2012 <sup>(9)</sup>	10/06/2018	Common Stock	100,000		100,000	D		
Stock Option for Common Stock	\$22.66	04/27/2012		<u>M</u> <sup>(10)</sup>		12,200 <sup>(10)</sup>	07/12/2007 <sup>(1)</sup>	07/12/2013	Common Stock	18,826	\$ 0	6,626	D		
Stock Option for Common Stock	\$22.66	04/30/2012		<u>M</u> <sup>(10)</sup>		6,626 <sup>(10)</sup>	07/12/2007 <sup>(1)</sup>	07/12/2013	Common Stock	6,626	\$ 0	0	D		

#### Explanation of Responses:

- Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/3 vested on 7/12/07, 1/3 vest on 7/12/08 and 1/3 vest on 7/12/09.
- Options to purchase shares of common stock are subject to the following vesting schedule: 1/5 vest on 2/12/09, 1/5 vest on 2/12/10, 1/5 vest on 2/12/11, 1/5 vest on 2/12/12 and 1/5 vest on 2/12/13.
- 5,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 2/12/13. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- Options to purchase shares of common stock are subject to the following vesting schedule: 1/3 vested on 11/11/09, 1/3 vest on 11/11/10 and 1/3 vest on 11/11/11.
- Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 11/16/2010, 1/5 vest on 11/16/2011, 1/5 vest on 11/16/2012, 1/5 vest on 11/16/2013 and 1/5 vest on 11/16/2014
- 8,333 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 11/16/2012. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events

7. 8,333 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 4/4/2013. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
8. 35,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/5 lapse on 10/06/2012, 1/5 lapse on 10/06/2013, 1/5 lapse on 10/06/2014, 1/5 lapse on 10/06/2015 and 1/5 lapse on 10/06/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
9. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 10/06/2012, 1/5 vest on 10/06/2013, 1/5 vest on 10/06/2014, 1/5 vest on 10/06/2015 and 1/5 vest on 10/06/2016. Options expire 7 years from grant date.
10. Shares sold pursuant to Rule 10b5-1 Sales Plan established on March 26, 2012 covering 320,000 shares for sale at a price of at least \$47 per share subject to Rule 144 requirements. The shares will be acquired through exercise of the following options: 40,000 shares from an option granted 7/12/2006 and which expires on 7/12/2013 with an exercise price of \$22.66 per share; 80,000 shares from an option granted 2/12/2008 and which expires 2/12/1015 with an exercise price of \$31.91 per share; and 200,000 shares from an option granted 8/10/2005 and which expires 8/10/2015 with an exercise price of \$14.50 per share.

#### Signatures

Thomas J. Williams /attorney in fact/

\*\* Signature of Reporting Person

04/30/2012

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**