

# SECURITIES AND EXCHANGE COMMISSION

## FORM 497

Definitive materials filed under paragraph (a), (b), (c), (d), (e) or (f) of Securities Act Rule 497

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### FILER

#### **FIDELITY FIXED INCOME TRUST**

CIK: **35315** | IRS No.: **042466841** | State of Incorporation: **MA** | Fiscal Year End: **1031**  
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SPARTAN HIGH INCOME FUND  
FIDELITY FIXED-INCOME TRUST

SUPPLEMENT TO THE PROSPECTUS DATED JUNE 21, 1993

SHAREHOLDER MEETING. ON OCTOBER 20, 1993, SHAREHOLDERS OF SPARTAN  
HIGH INCOME FUND WILL VOTE ON AN AMENDED MANAGEMENT CONTRACT AND  
MODIFI- CATIONS TO THE FUND'S POLICIES AND LIMITATIONS.

IF APPROVED, THE PROPOSED MANAGEMENT CONTRACT AMENDMENT WOULD RAISE  
THE MONTHLY FEE PAID BY THE FUND TO FMR FROM .70% TO .80%. THIS  
CHANGE WILL TAKE EFFECT ON NOVEMBER 1, 1993, OR THE 1ST DAY OF THE  
MONTH

FOLLOWING SHAREHOLDER APPROVAL.

SHAREHOLDERS WILL ALSO CONSIDER PROPOSALS TO MODIFY CERTAIN  
FUNDAMENTAL LIMITATIONS, SOME OF WHICH GRANT BROADER AUTHORITY TO THE TRUSTEES  
TO SET NON-FUNDAMENTAL POLICIES. PLEASE CONTACT FIDELITY IF YOU WOULD  
LIKE TO RE- CEIVE A COPY OF THE PROXY STATEMENT.

SPH-93-3 August 23, 1993

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