

SECURITIES AND EXCHANGE COMMISSION

FORM 485BXT

Post-effective amendments to designate new effective dates

Filing Date: **2013-01-11**
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FILER

FIRST TRUST EXCHANGE-TRADED ALPHADDEX FUND II

CIK: [1510337](#) | IRS No.: **000000000** | State of Incorporation: **MA**
Type: **485BXT** | Act: **33** | File No.: **333-171759** | Film No.: **13524598**

Mailing Address
*120 EAST LIBERTY DRIVE,
SUITE 400
WHEATON IL 60187*

Business Address
*120 EAST LIBERTY DRIVE,
SUITE 400
WHEATON IL 60187
630-765-8000*

FIRST TRUST EXCHANGE-TRADED ALPHADDEX FUND II

CIK: [1510337](#) | IRS No.: **000000000** | State of Incorporation: **MA**
Type: **485BXT** | Act: **40** | File No.: **811-22519** | Film No.: **13524599**

Mailing Address
*120 EAST LIBERTY DRIVE,
SUITE 400
WHEATON IL 60187*

Business Address
*120 EAST LIBERTY DRIVE,
SUITE 400
WHEATON IL 60187
630-765-8000*

As filed with the Securities and Exchange Commission on January 11, 2013

1933 Act Registration No. 333-171759

1940 Act Registration No. 811-22519

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM N-1A

REGISTRATION STATEMENT UNDER THE SECURITIES ACT OF 1933 []
Pre-Effective Amendment No. ____ []
Post-Effective Amendment No. 28 [X]
and/or
REGISTRATION STATEMENT UNDER THE INVESTMENT COMPANY ACT OF 1940 []
Amendment No. 29 [X]

FIRST TRUST EXCHANGE-TRADED ALPHADDEX FUND II
(Exact name of registrant as specified in charter)

120 East Liberty Drive, Suite 400
Wheaton, Illinois 60187
(Address of Principal Executive Offices) (Zip Code)

REGISTRANT'S TELEPHONE NUMBER, INCLUDING AREA CODE: (800) 621-1675

W. Scott Jardine, Esq., Secretary
First Trust Exchange-Traded AlphaDEX Fund II
First Trust Advisors L.P.
120 East Liberty Drive, Suite 400
Wheaton, Illinois 60187
(Name and Address of Agent for Service)

Copy to:

Eric F. Fess, Esq.
Chapman and Cutler LLP
111 West Monroe Street
Chicago, Illinois 60603

It is proposed that this filing will become effective (check appropriate box):

- [] Immediately upon filing pursuant to paragraph (b)
- [X] on February 11, 2013 pursuant to paragraph (b)
- [] 60 days after filing pursuant to paragraph (a) (1)
- [] on (date) pursuant to paragraph (a) (1)
- [] 75 days after filing pursuant to paragraph (a) (2)

[] on (date) pursuant to paragraph (a)(2) of Rule 485

If appropriate, check the following box:

[X] this post-effective amendment designates a new effective date for a previously filed post-effective amendment.

CONTENTS OF POST-EFFECTIVE AMENDMENT NO. 28

This Post-Effective Amendment to the Registration Statement comprises the following papers and contents:

The Facing Sheet

The sole purpose of this filing is to delay the effectiveness of the Registrant's Post-Effective Amendment No. 7, as it relates to First Trust Dividend AlphaDEX(R) Fund, First Trust Emerging Markets Dividend AlphaDEX(R) Fund, First Trust International Dividend AlphaDEX(R) Fund and First Trust Global Commodity AlphaDEX(R) Fund, each a series of the Registrant, until February 11, 2013. Parts A, B and C of the Registrant's Post-Effective Amendment No. 7 under the Securities Act of 1933 as it relates to First Trust Dividend AlphaDEX(R) Fund, First Trust Emerging Markets Dividend AlphaDEX(R) Fund, First Trust International Dividend AlphaDEX(R) Fund and First Trust Global Commodity AlphaDEX(R) Fund, each a series of the Registrant, filed on February 17, 2012, are incorporated by reference herein.

Signatures

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933 and the Investment Company Act of 1940, the Registrant certifies that it meets all of the requirements for effectiveness of this Registration Statement under rule 485(b) under the Securities Act and has duly caused this Registration Statement to be signed on its behalf by the undersigned, duly authorized, in the City of Wheaton, and State of Illinois, on the 11th day of January, 2013.

FIRST TRUST EXCHANGE-TRADED ALPHADDEX FUND II

By: /s/ Mark R. Bradley

Mark R. Bradley, President and
Chief Executive Officer

Pursuant to the requirements of the Securities Act of 1933, this Registration Statement has been signed below by the following persons in the

capacities and on the date indicated:

SIGNATURE	TITLE	DATE
/s/ Mark R. Bradley	President and Chief Executive Officer	January 11, 2013

----- Mark R. Bradley	Treasurer, Chief Financial Officer and Chief Accounting Officer	January 11, 2013
/s/ James M. Dykas		

----- James M. Dykas		
James A. Bowen*) Trustee)	
Richard E. Erickson*) Trustee)	
Thomas R. Kadlec*) Trustee)	BY: /s/ W. Scott Jardine
Robert F. Keith*) Trustee)	----- W. Scott Jardine
Niel B. Nielson*) Trustee)	Attorney-In-Fact
)	January 11, 2013

* Original powers of attorney authorizing James A. Bowen, W. Scott Jardine and Eric F. Fess, to execute Registrant's Registration Statement, and Amendments thereto, for each of the trustees of the Registrant on whose behalf this Registration Statement is filed, were previously executed, filed as an exhibit and are incorporated by reference herein.