

SECURITIES AND EXCHANGE COMMISSION

FORM NT 10-K

Notice under Rule 12b25 of inability to timely file all or part of a Form 10-K, 10-KSB, or 10KT

Filing Date: **1999-03-26** | Period of Report: **1998-12-31**
SEC Accession No. **0000944543-99-000009**

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FILER

HEALTH BUILDERS INTERNATIONAL INC

CIK: **1020669** | State of Incorporation: **DE** | Fiscal Year End: **1231**
Type: **NT 10-K** | Act: **34** | File No.: **333-09809** | Film No.: **99574477**
SIC: **7200** Personal services

Mailing Address
2077 ELDERBERRY WAY
SANDY UT 84092

Business Address
2077 ELDERBERRY WAY
SANDY UT 84092
8015538972

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 12b-25

SEC FILE NUMBER
333-9809

NOTIFICATION OF LATE FILING

FORM 10-KSB

CUSIP NUMBER

For Period Ended: December 31, 1998

[Nothing in this form shall be construed to imply that the Commission has verified any information contained herein.]

PART I - REGISTRANT INFORMATION

Health Builders International, Inc.

Full Name of Registrant

Not Applicable

Former Name if Applicable

2077 Elderberry Way

Address of Principal Executive Office (Street and Number)

Sandy, Utah 84092

City, State and Zip Code

PART II - RULES 12b-25(b) AND (c)

If the subject report could not be filed without unreasonable effort or expense and the Registrant seeks relief pursuant to Rule 12b-25(b), the following should be completed. (Check box if appropriate)

- (a) The reasons described in reasonable detail in Part III of this form could not be eliminated without unreasonable effort or expense;
- (b) The subject annual report, semi-annual report, transition report on Form 10-K, Form 20-F, 11-K, Form N-SAR, or portion thereof, will be filed on or before the fifteenth calendar day following the prescribed due date; or the subject quarterly report or transition report on Form 10-Q, or portion thereof will be filed on or before the fifth calendar day following the prescribed due date; and

- (c) The accountant's statement or other exhibit required by Rule 12b-25 has been attached if applicable.

PART III - NARRATIVE

State below in reasonable detail the reasons why the Form 10-K, 11-K, 10-Q, N-SAR, or the transition report or portion thereof, could not be filed within the prescribed time period.

A few additional days are needed to complete and finalize the report.

PART IV - OTHER INFORMATION

- (1) Name and telephone number of person to contact in regard to this notification.

L. Dee Hall	(801) 571-0990
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(Name)	(Area Code) (Telephone Number)

- (2) Have all other periodic reports required under Section 13 or 15(d) of the Securities Exchange Act of 1934 or Section 30 of the Investment Company Act of 1940 during the preceding 12 months (or for such shorter) period that the Registrant was required to file such reports) been filed? If answer is no, identify report(s). Yes No
- (3) Is it anticipated that any significant change in results of operations from the corresponding period for the last fiscal year will be reflected by the earnings statements to be included in the subject report or portion thereof? Yes No

If so, attach an explanation of the anticipated change, both narratively and qualitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.

HEALTH BUILDERS INTERNATIONAL, INC.

(Name of Registrant as Specified in Charter)

has caused this notification to be signed on its behalf by the undersigned hereunto duly authorized.

HEALTH BUILDERS INTERNATIONAL, INC.

By /s/ L. Dee Hall
L. Dee Hall, President

Date: March 26, 1999

[ATTENTION: Intentional misstatements or omissions of fact constitute Federal Criminal Violations (See 18 U.S.C. 1001).]