

SECURITIES AND EXCHANGE COMMISSION

FORM 497

Definitive materials filed under paragraph (a), (b), (c), (d), (e) or (f) of Securities Act Rule 497

Filing Date: **2007-12-10**
SEC Accession No. **0000853285-07-000248**

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FILER

SUN LIFE OF CANADA U S VARIABLE ACCOUNT F

CIK: **853285** | IRS No.: **042461439** | State of Incorpor.: **DE** | Fiscal Year End: **1231**
Type: **497** | Act: **33** | File No.: **333-37907** | Film No.: **071294626**

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**SUN LIFE ASSURANCE COMPANY OF CANADA (U.S.)
SUPPLEMENT DATED DECEMBER 12, 2007**

**TO PROSPECTUS DATED MAY 1, 2006
FOR FUTURITY**

ISSUED BY SUN LIFE OF CANADA (U.S.) VARIABLE ACCOUNT F

On or about March 10, 2008, the above-captioned prospectus is amended to add a new investment option.

The following new investment option will be added to the above-captioned prospectus on or about March 10, 2008. As a result, the list of the available investment options appearing on the cover page of the prospectus is supplemented by the addition of the following investment option and corresponding investment management disclosures:

Large-Cap Equity Funds

SC Lord Abbett Growth & Income Fund

Sun Capital Advisers LLC advises the Sun Capital Funds; SCSM Lord Abbett Growth & Income Fund (sub-advised by **Lord, Abbett & Co. LLC**).

THIS SUPPLEMENT SHOULD BE READ AND RETAINED FOR FUTURE REFERENCE.

Futurity (US)
